



TRACK ONE

ARMOR OF LIGHT PRAYER WALK: FINAL CARD THE SHADOW OF DEATH & THE RESTORATION POOL

Even after you've seen God's abundance, there may be times when He asks you to trust Him on a deeper level. A time to exercise faith! Surprisingly, there's a canyon in His garden reserved for this special exercise. A place where He shows you how to navigate **The Shadow of Death**. Is anything frightening you? Does that fear *rob* you of joy, rest, or peace? Fearful circumstances may have you paralyzed, but don't leave your focus there. Instead, look at your Savior who has *never* left your side. Take His Hand and cross the canyon...one step at a time.

Yes, life can be taxing and tiring. Even with prayer, sometimes life can take a toll on you. Perhaps you've just faced the shadow of death and need to be restored. Perhaps you don't even know what would help. Consider this, God knows all your needs. That is exactly why He provides **The Restoration Pool**. Look back. See how the waters from the dreadful jagged canyon cascade onto another valley floor and ultimately into a peaceful pool of water where you stand. Let your confidence soar with a newfound trust in your Savior, because He got you through that fearful canyon. Now lie down and relax. Rest by the pool in His matchless grace, intensive care, and healing. He will be the One to minister to you.

TRACK TWO

ARMOR OF LIGHT PRAYER WALK: FINAL CARD THE SHADOW OF DEATH & THE RESTORATION POOL

As mentioned before, trust is so very important in your relationship with God. Without it you fall back on your own understanding, and you cannot remain in the Sacred Garden with that perspective. Is there anything you are going through that God is asking you to trust Him with on a deeper level? Is anything frightening you? Are you trying to handle it with logic rather than entrusting control of it to God? How is that working for you? If fear is robbing you of joy, rest, or peace then it may be that you have found another place in God's garden, a unique and unexpected spot just beyond the Valley of Abundance—**The Shadow of Death.**

The Shadow of Death seems an unlikely place to exist in the Sacred Garden, yet this is the place where you learn to not look down at the single slippery stone beneath your feet...*seemingly* the only thing between you and the plummeting jagged canyon below. Instead, you grab the hand of Jesus, commit your paralyzing fear to Him, and ask Him for assistance. To do so, you must step out in faith and **trust** Him to keep you steady. One step at a time. *"The steps of the Godly are directed by the Lord. He delights in every detail of their lives. Though they stumble, they will not fall, for the Lord holds them by the hand."* Psalm 37:23-24. Yes, you're in the Sacred Garden in the very presence of God, and this verse is for you. Hold His hand; He will not let you fall.

Jesus helps you cross the tiny stones dispersed and suspended across the canyon's expanse, an unbelievably scary airborne path! You've realized that each step is easier when your eyes are fixed on Him. No doubt by now, you've *also* realized that life can be taxing and tiring. Even with prayer, sometimes life can take a toll on you. Perhaps you've just crossed the canyon and are at a place in your journey in which you need to be ministered. Perhaps you don't even know what would help. Consider this, God knows all your needs. That is exactly why He provides **The Restoration Pool.** Look back and see how the waters from the jagged canyon cascade onto another valley floor and ultimately into a peaceful pool of water. Let your confidence soar with a newfound trust in your Savior. He got you through your fears and across that canyon. Now rest by the pool in His matchless grace, intensive care, and healing. He will be the One to minister to you.

We leave this prayer journey with one last image to ponder. A lamb rests in the shadow of his shepherd on a hot day. A pool of water is near, but there is no other shade around. Think about the relief the lamb feels, because he is so close to his shepherd that he doesn't fear a thing. Likewise, you are God's precious lamb. You have God's promise of protection in every situation. All of those treasures, His promises, are waiting for you in His Word. *"Those who live in the **shelter** of the Most High will find **rest** in the shadow of the Almighty. This I declare about the Lord: He alone is my refuge, my place of safety; He is my God, and I trust Him. For He will rescue you from every trap and protect you from deadly disease. He will cover you with his feathers. He will shelter you with His wings. **His faithful promises are your armor and protection.**"* (Psalm 91:1-4). Take time to read the rest of Psalm 91, placing your name in the many promises of this passage. Lie down by the Restoration Pool in the shadow of your Almighty God. Rest in His Word. Rest in Him. Let Jehovah-Rapha restore you. Then put on His armor and be His light.